



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES																																																		
3 DÍA NO LECTIVO	4 Verdura tricolor (j.verde, zanahoria, patata) con ajo y pavo (6, 19) - Vegetables turkey & garlic Albóndigas mixtas con cus-cús (1, 6, 12, 19) - Meatballs with vegetables & couscous Pan (1) - Bread Fruta de temporada - Fruit	5 Alubias blancas guisadas con verduras y calabaza (19) - White beans stew Tortilla de patata y calabacín (3) - Potato and zucchini omelette lechuga y tomate (12) - Lettuce & tomato Pan (1) - Bread Fruta de temporada - Fruit	6 Sopa de estrellas (1, 3) - Chicken and pasta soup Sajonia a la plancha - Grilled pork steak con patatas Rostie - with potatoes Pan (1) - Bread Petit Suisse (7) -	7 Arroz alicantina (j.verde, calamar y tomate) (14, 19) - Rice with squid Filete de merluza rebozado (1, 3, 4) - Breaded hake fish lechuga y zanahoria (12) - lettuce&carrot Pan (1) - Bread Fruta de temporada - Fruit																																																		
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10 Arroz con salsa de tomate y orégano - Rice with tomato Calamares a la andaluza (1, 3, 14) - Breaded squid con lechuga y maíz - lettuce & corn Pan (1) - Bread Fruta de temporada - Fruit	11 Sopa de cocido (1, 3) - Meat and pasta soup Cocido completo: garbanzos, morcillo, chorizo, pollo y panceta (19) - Chickpea, meat and vegetables Pan (1) - Bread Yogur de sabores (7) - Yoghurt	12 Crema de calabacín con picatostes (1, 3, 7, 9) - Cream of zucchini soup Filete de contramuslo asado - Grilled chicken fillet con patatas - With potatoes Pan (1) - Bread Fruta de temporada - Fruit	13 Lentejas estofadas (1, 19) - Lentils stew Tortilla de pavo (3, 6) - Turkey omelette y lechuga y tomate (12) - lettuce & tomato Pan (1) - Bread Fruta de temporada - Fruit	14 Espirales al ajillo con queso (1, 3, 7) - Pasta in garlic sauce and cheese Palometa en salsa (4) - Fish in sauce con pisto - Vegetable stew Pan (1) - Bread Natillas con galleta (1, 7) - Vanilla cream																																																		
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17 Judías verdes con jamón (6, 19) - Green beans with ham Tortilla de patata (3) - Potato omelette con lechuga y maíz - lettuce & corn Pan (1) - Bread Fruta de temporada - Fruit	18 Macarrones con chorizo (1, 3) - Pasta with sausage Bacalao rebozado (1, 3, 4) - Breaded cod y lechuga y tomate (12) - lettuce & tomato Pan (1) - Bread Petit Suisse (7) -	19 Sopa de ave con picadillo (jamón y huevo) (1, 3, 6) - Chicken and pasta soup Ragout de ternera con verduras y patatas (19) - Beef stew Pan (1) - Bread Fruta de temporada - Fruit	20 Alubias blancas estofadas con verduras (19) - White beans stew San Jacobo (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 13, 14) - Breaded ham and cheese steak lechuga y zanahoria (12) - lettuce&carrot Pan (1) - Bread Yogur de sabores (7) - Yoghurt	21 Arroz con verduras - Rice with vegetables Merluza en salsa con patatas cocidas (1, 4) - Hake fish with potatoes Pan (1) - Bread Fruta de temporada - Fruit																																																		
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24 Patatas guisadas con verduras y calamares (14) - Potatoes with vegetables & squid Huevos Villaroy (1, 2, 3, 4, 6, 7, 10, 14) - Stuffed eggs y lechuga y tomate (12) - lettuce & tomato Pan (1) - Bread Fruta de temporada - Fruit	25 - JORNADA AMERICANA - Mac and Cheese (1, 3, 7) - Pasta with tomato sauce & cheese Brooklyn Burger with Potato Wedges (1, 3, 6, 7, 8, 10, 11, 19) - Beef burger Chocolate Brownie (1, 3, 7, 8, 12) -	26 Sopa de cocido (1, 3) - Meat and pasta soup Cocido completo: garbanzos, morcillo, chorizo, pollo y panceta (19) - Chickpea, meat and vegetables Pan (1) - Bread Fruta de temporada - Fruit	27 Crema de espárragos y zanahoria - Cream of asparagus & carrot soup Magro estofado con verduras y patatas - Pork stew Pan (1) - Bread Fruta de temporada - Fruit	28 Arroz con tomate - Rice with tomato Salmón al horno (4) - Baked salmon con lechuga y maíz - lettuce & corn Pan (1) - Bread Yogur de sabores (7) - Yoghurt																																																		
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ALÉRGENOS

1. GLUTEN
2. CRUSTÁCEOS
3. HUEVOS
4. PESCADO
5. CACAHUETES
6. SOJA
7. LÁCTEOS
8. FRUTOS DE CÁSCARA
9. APIO
10. MOSTAZA
11. SÉSAMO
12. DIÓXIDO DE AZUFRE, SULFITOS
13. ALTRAMUCES
14. MOLUSCOS

En cumplimiento del Reglamento (UE) 1169/2011 la información de alérgenos está disponible en la cocina del centro